



**Wild Rose Cleaning Services**  
offers full and ongoing  
**Commercial & Residential**  
cleaning for Calgary &  
surrounding areas.

**403-389-1293**

[info@wildrosecleaning.ca](mailto:info@wildrosecleaning.ca)



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# MOVE IN AND OUT CLEANING CHECKLIST

## KITCHEN

### GENERAL

- CLEAN & DUST ALL SURFACES
- CLEAN COLD AIR RETURN VENTS (WITHIN REACH)
- CLEAN & DUST CEILING FANS (WITHIN REACH)
- CLEAN & DUST LIGHT FIXTURES (WITHIN REACH)
- CLEAN CABINETS & DRAWERS (INT/EXT/SHELVES)
- CLEAN HOOD FAN
- CLEAN BLINDS (WITHIN REACH)
- CLEAN WINDOWS, SILLS & TRACKS
- CLEAN LIGHT SWITCHES & PLUG OUTLETS
- CLEAN DOORS & DOOR FRAMES
- SPOT CLEAN WALLS
- CLEAN MICROWAVE INTERIOR & EXTERIOR
- CLEAN DISHWASHER (INT/EXT/SIDES)
- CLEAN & DUST BASEBOARDS
- CLEAN COUNTERTOPS
- CLEAN BACKSPLASH
- CLEAN SINK
- CLEAN GLASS DOORS (INTERIOR)
- SWEEP & MOP NON CARPETED AREAS
- VACUUM CARPETED AREAS

### FRIDGE/FREEZER

- CLEAN BEHIND, SIDES & UNDERNEATH
- VACUUM COILS
- SWEEP/MOP FLOOR BEHIND FRIDGE
- CLEAN TOP & EXTERIOR OF FRIDGE
- CLEAN SHELVES & DRAWERS

### STOVE/OVEN

- CLEAN BEHIND, INT & EXT
- CLEAN RACKS
- CLEAN UNDER RANGE & BURNERS
- CLEAN CONTROL KNOBS
- CLEAN DRIP PANS



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## BATHROOM

### GENERAL

- CLEAN & DUST ALL SURFACES
- CLEAN COLD AIR RETURN VENTS (WITHIN REACH)
- CLEAN & DUST CEILING FANS (WITHIN REACH)
- CLEAN & DUST LIGHT FIXTURES (WITHIN REACH)
- CLEAN VANITY CABINETS & DRAWERS (INT/EXT)
- CLEAN MEDICINE CABINET
- CLEAN BLINDS (WITHIN REACH)
- CLEAN WINDOWS, SILLS & TRACKS
- CLEAN LIGHT SWITCHES & PLUG OUTLETS
- CLEAN DOORS & DOOR FRAMES
- SPOT CLEAN WALLS
- CLEAN & DUST BASEBOARDS
- CLEAN COUNTERTOPS & BACKSPLASH
- CLEAN & DISINFECT SINK(S) & FAUCET(S)
- CLEAN MIRRORS
- SWEEP & MOP NON CARPETED AREAS
- VACUUM CARPETED AREAS

### SHOWER

- REMOVE SOAP SCUM/CALCIUM BUILD UP
- REMOVE CALCIUM ON SHOWER HEAD
- CLEAN DOORS & TRACKS
- CLEAN EXTERIOR

### BATHTUB

- CLEAN & DISINFECT
- REMOVE SOAP SCUM/CALCIUM BUILD UP
- CLEAN EXTERIOR

### TOILET

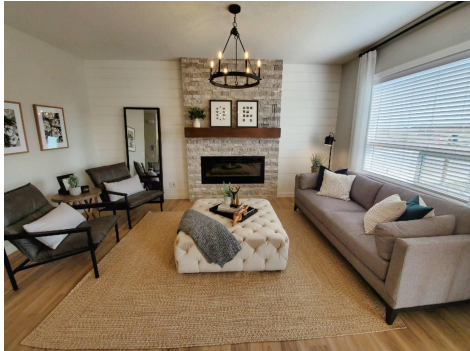
- CLEAN INSIDE TOILET
- DISINFECT TOILET
- CLEAN LID, BASE OF TOILET & HINGES
- CLEAN WALLS BEHIND & AROUND



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## LIVING AREA/BEDROOMS/OFFICES/HALLWAYS

### GENERAL

- CLEAN & DUST ALL SURFACES
- CLEAN COLD AIR RETURN VENTS (WITHIN REACH)
- CLEAN & DUST CEILING FANS (WITHIN REACH)
- CLEAN & DUST LIGHT FIXTURES (WITHIN REACH)
- CLEAN BLINDS (WITHIN REACH)
- CLEAN WINDOWS, SILLS & TRACKS
- CLEAN LIGHT SWITCHES & PLUG OUTLETS
- CLEAN DOORS & DOOR FRAMES
- CLEAN SHELVES INSIDE CLOSETS
- VACUUM CLOSET
- CLEAN CABINETS & DRAWERS (INT/EXT/SHELVES)
- SPOT CLEAN WALLS
- CLEAN & DUST BASEBOARDS
- CLEAN FIREPLACE
- CLEAN GLASS DOORS (INTERIOR)
- CLEAN MIRRORS
- SWEEP & MOP NON CARPETED AREAS
- VACUUM CARPETED AREAS



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# MOVE IN AND OUT CLEANING CHECKLIST

## LAUNDRY/UTILITY/STORAGE

### GENERAL

- CLEAN & DUST ALL SURFACES
- CLEAN COLD AIR RETURN VENTS (WITHIN REACH)
- CLEAN & DUST CEILING FANS (WITHIN REACH)
- CLEAN & DUST LIGHT FIXTURES (WITHIN REACH)
- CLEAN CABINETS & DRAWERS (INT/EXT/SHELVES)
- CLEAN BLINDS (WITHIN REACH)
- CLEAN WINDOWS, SILLS & TRACKS
- CLEAN LIGHT SWITCHES & PLUG OUTLETS
- CLEAN DOORS & DOOR FRAMES
- SPOT CLEAN WALLS
- CLEAN & DUST BASEBOARDS
- CLEAN COUNTERTOPS & BACKSPLASH
- CLEAN SINK
- CLEAN MIRRORS
- SWEEP & MOP NON CARPETED AREAS
- VACUUM CARPETED AREAS

### WASHER & DRYER

- CLEAN INTERIOR & EXTERIOR
- CLEAN LINT TRAP
- CLEAN INSIDE EDGE



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# MOVE IN AND OUT CLEANING CHECKLIST

## ADDITIONAL SERVICES

### AVAILABLE UPON REQUEST FOR ADDITIONAL FEE

- CLEAN TOPS OF CABINETS
- SWEEP OUT STORAGE UNIT/SHED
- FULL WALL WASHING
- CARPET STEAM CLEANING
- GARAGE CLEANING
- PRESSURE WASHING